









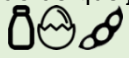



























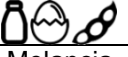















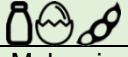



















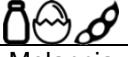

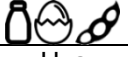
Colégio Diocesano de Caruaru - Fev/2021 à Jun/2021 - Lanche Coletivo - Infantil e 1º Ano Fundamental

CARDÁPIO

INSTITUIÇÃO:	COLÉGIO DIOCESANO DE CARUARU	MÊS/ANO:	FEVEREIRO/2021 À JUNHO/2021
REFEIÇÃO:	LANCHE COLETIVO	TURNO:	REGULAR MANHÃ
ENSINO/SÉRIE:	INFANTIL E 1º ANO FUNDAMENTAL	CONTATOS:	(81) 98113-2618 adm-caruaru2@appetitegourmet.com.br

	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA
1º SEMANA	Suco de tangerina	Suco de acerola	Suco de cajá/ iogurte de morango 	Suco de uva	Suco de goiaba
	Cuscuz 	Macaxeira	Cuscuz 	Batata Doce	Cuscuz 
	Frango grelhado 	Carne grelhada 	Carne moída 	Frango grelhado 	Ovo mexido 
	Torrada com requeijão 	Pão de queijo 	Cereal 	Bolo de cenoura 	Brownie de beterraba com cacau 
	Pizza com massa de batata doce 	Sanduíche queijo quente 	Coxinha de frango com massa de batata doce 	Tapioca de queijo 	Pão de queijo 
	Melancia	Banana	Manga	Maçã/ Mousse de morango com iogurte natural 	Uva
2ª SEMANA	Suco de acerola/ Leite com cacau 	Suco de tangerina	Suco de uva	Suco de maracujá	Suco de graviola
	Inhame	Cuscuz 	Macaxeira	Cuscuz 	Batata doce
	Almôndegas 	Frango grelhado 	Carne bovina grelhada 	Frango grelhado 	Mini hambúrguer caseiro 
	Pão de queijo 	Sequinhos 	Sanduíche de queijo quente 	Bolo da Vovó Benta 	Pão de cenoura 

Colégio Diocesano de Caruaru - Fev/2021 à Jun/2021 - Lanche Coletivo - Infantil e 1º Ano Fundamental

2ª SEMANA	Pizza com massa de batata doce 	Bolo de milho 	Pão de queijo 	Torrada com requeijão/geleia de morango 	Brownie de beterraba com cacau 
	Uva	Maçã	Tangerina	Melancia	Manga
3ª SEMANA	Suco de tangerina	Suco de cajá	Suco de maracujá	Suco de graviola/ logurte de morango 	Suco de uva
	Batata doce	Cuscuz 	Inhame	Cuscuz 	Macaxeira
	Frango grelhado 	Ovo mexido 	Carne bovina grelhada 	Frango grelhado 	Carne grill 
	Sanduíche de queijo quente 	Bolo de cacau 	Pão de queijo 	Cupcake de laranja 	Pão de queijo 
	Tapioca de queijo 	Mini cachorro quente com pão de couve 	Canja 	Cereal 	Cookies de aveia com gotas de chocolate 
	Manga	Melancia	Maçã	Banana	Tangerina
4ª SEMANA	Suco de maracujá	Suco de uva/ logurte de morango 	Suco de acerola/	Suco de goiaba/	Suco de tangerina
	Cuscuz 	Macaxeira	Cuscuz 	Batata Doce	Cuscuz 
	Carne moída 	Carne grelhada 	Frango grelhado 	Carne grelhada 	Ovo mexido 
	Pão de queijo 	Cereal 	Pastel de frango com massa de macaxeira 	Empada com massa de batata doce recheio de frango com requeijão 	Tapioca de cuscuz com queijo 
	Bolo de formigueiro 	Sanduíche queijo quente 	Bolo da Vovó Benta 	Pão de queijo 	Pizza com massa de batata doce 
	Maçã	Banana	Melancia	Manga	Uva